### Helpful Resources

#### FOOD ASSISTANCE – NEW HAVEN

<table>
<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Phone</th>
<th>Days/Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Believe in Me Empowerment</td>
<td>427 Dixwell Ave</td>
<td>203-772-2771</td>
<td>3rd Thurs of month, 4pm—6pm</td>
</tr>
<tr>
<td>Bethel AME Church</td>
<td>255 Goffe St</td>
<td>203-865-0514, 203-915-2947</td>
<td>3rd Sat of month, 10am—12pm</td>
</tr>
<tr>
<td>Breakthrough Church &amp; Life Kingdom Ministries - Newhallville Substation</td>
<td>596 Winchester Ave</td>
<td>203-691-9296</td>
<td>4th Tue of month, 4pm—6pm</td>
</tr>
<tr>
<td>Cathedral of Higher Praise</td>
<td>155 Grand Ave</td>
<td>203-776-7676</td>
<td>2nd Sat of month, 9am—10am</td>
</tr>
<tr>
<td>Centro San Jose</td>
<td>290 Grand Ave</td>
<td>203-777-6771</td>
<td>Last Fri of month, 9am—12pm</td>
</tr>
<tr>
<td>Christian Community Action</td>
<td>168 Davenport Ave</td>
<td>203-777-7848</td>
<td>M–W, 9:30am—11:45am/2pm—3:45pm Tue, 2pm—3pm *walk-in registration Thu, 10am—11:45am (Visit limit to once per month; priority to families with children and people who are elderly or disabled)</td>
</tr>
<tr>
<td>Christian Love Center-West River</td>
<td>154 Derby Ave</td>
<td>203-927-6039</td>
<td>2nd &amp; 4th Thu of month, 4pm—6pm</td>
</tr>
<tr>
<td>Community Baptist Church</td>
<td>143 Shelton Ave</td>
<td>203-562-7060</td>
<td>1st Wed of month, 10am—11am</td>
</tr>
<tr>
<td>Door of Salvation Church</td>
<td>3 Arch St</td>
<td>203-691-5608</td>
<td>3rd Tue of month, 10am—11am</td>
</tr>
<tr>
<td>Downtown Pantry</td>
<td>311 Temple St</td>
<td>203-624-6426</td>
<td>Wed, 2–3pm</td>
</tr>
<tr>
<td>Glorified Deliverance</td>
<td>604 Dixwell Ave</td>
<td>203-624-4175</td>
<td>4th Sat of the month, 11am—1pm</td>
</tr>
<tr>
<td>Iglesia Jehovah Rohi</td>
<td>577 Howard Ave</td>
<td>203-605-8060</td>
<td>3rd Wed of the month, 10am—12pm</td>
</tr>
<tr>
<td>Immanuel Missionary Baptist Church</td>
<td>1324 Chapel St</td>
<td>203-777-8744</td>
<td>4th Sat of month, 8am—9:30am</td>
</tr>
<tr>
<td>Jewish Family Services</td>
<td>1440 Whalley Ave</td>
<td>203-397-0796</td>
<td>Wed &amp; Thu, 9am—12pm *by appointment only</td>
</tr>
<tr>
<td>Liberty Educational Service Center</td>
<td>47 Elizabeth St</td>
<td>203-691-9494, 203-606-1905</td>
<td>2nd &amp; 4th Sat, 1pm—3pm *New Haven residents only; must call Friday after 2pm to make appt</td>
</tr>
<tr>
<td>Loaves &amp; Fishes</td>
<td>57 Olive St</td>
<td>203-562-2691</td>
<td>Sat, 9am—10:30am</td>
</tr>
<tr>
<td>Mount Hope Recovery Center</td>
<td>565 Dixwell Ave</td>
<td>203-785-0656</td>
<td>2 Fridays a month, 5:30pm—6:15pm *Call for schedule</td>
</tr>
<tr>
<td>New Flame Restoration</td>
<td>1375 State St</td>
<td>203-843-8831</td>
<td>3rd Thu of month, 5:30pm—7pm</td>
</tr>
<tr>
<td>New Haven Church of Christ</td>
<td>16 Gem St</td>
<td>203-777-2992</td>
<td>2nd &amp; 3rd Fri of month, 11am—12:30pm</td>
</tr>
<tr>
<td>New Haven Inner City Enrichment Program - Hill Substation</td>
<td>410 Howard Ave</td>
<td>203-479-0056</td>
<td>last Sat of month, 11am—1pm</td>
</tr>
</tbody>
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<table>
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<tr>
<th>Organization</th>
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<th>Phone</th>
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<tbody>
<tr>
<td>Salvation Army - New Haven Corps</td>
<td>450 George St</td>
<td>203-624-9891</td>
<td>Mon, Wed, Fri, 9:30am—11:30am</td>
</tr>
<tr>
<td>Second Star of Jacob</td>
<td>185 Chapel St</td>
<td>203-776-9603</td>
<td>last Tue &amp; Thu of month, 9:30—11am</td>
</tr>
<tr>
<td>St. Ann’s</td>
<td>930 Dixwell Ave</td>
<td>203-562-5700</td>
<td>1st &amp; 3rd Fri of month, 9am—11am</td>
</tr>
<tr>
<td>St. Matthew’s Church</td>
<td>388 Dixwell Ave</td>
<td>203-777-0472</td>
<td>2nd Sat of month, 8am—9am *Call to verify, schedule varies. *Closed July &amp; Aug; reopens 3rd Sat in Sep.</td>
</tr>
<tr>
<td>Upon This Rock Ministries - Dwight Substation</td>
<td>150 Edgewood Ave</td>
<td>203-387-1215</td>
<td>3rd Sat of month, 9am—11am</td>
</tr>
<tr>
<td>Varick AME Zion</td>
<td>242-246 Dixwell Ave</td>
<td>203-624-6245</td>
<td>1st Sat of month, 10am—12pm</td>
</tr>
<tr>
<td>Vertical Church - Fair Haven Substation</td>
<td>296 Blatchley Ave</td>
<td></td>
<td>3rd Sat of the month, 11am—1pm</td>
</tr>
<tr>
<td>Walk of Faith Church</td>
<td>104 Fairmont Ave</td>
<td>203-469-5134</td>
<td>Wed, 10:30am—1:30pm</td>
</tr>
<tr>
<td>Women of the Village - Dixoell Substation</td>
<td>26 Charles St</td>
<td>203-675-9437, 203-376-2790</td>
<td>Tue, 12pm—2pm *Distributes nonperishable food items 4th Fri of month, 4pm—6pm</td>
</tr>
</tbody>
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*Note: Schedule and availability may vary. Please call ahead for the most up-to-date information.*
Helpful Resources

FOOD/DIAPER/FEM HYGIENE ASSISTANCE – REGIONAL & STATEWIDE

Connecticut Food Bank (CFB)
Currently working with other Feeding America Food Banks to share best practices and situational experience.

Dates for mobile pantries:
John S. Martinez School
100 James St, New Haven
Saturday, March 21 11am–12pm
*CFB Mobile Pantry will be onsite to provide fresh food for those in need. Bring your own grocery bags.
Information: 203-469-5000
Full schedule of Mobile Pantry locations and links to more food resources: www.ctfoodbank.org/gethelp

United Way of Connecticut
If students/community needs assistance finding food, paying house bills, accessing free childcare or other essential services, call 2-1-1

SNAP (Food Stamps)
Households and individuals wanting to apply for Supplemental Nutrition Assistance Program: check eligibility/apply online, go to www.connect.ct.gov and click on “apply for benefits.”

Women, Infants & Children (WIC)
Supplemental food and nutrition program for pregnant women, new moms and children under of 5 years. To apply: 1-800-741-2142

Connecticut Diaper Bank
Only distributing diapers and Alliance Period Supplies through current partnering agencies.

Helpful Resources

CITY OF NEW HAVEN DEPARTMENTS & SERVICES

New Haven Health Department
Emergency Line: 203.946.4949

Fire Department
Non-Emergency Line: 203.946.6300

Police Department
Non-Emergency Line: 203.946.6316

UNEMPLOYMENT
Connecticut Department of Labor
For questions about unemployment insurance benefits, go to www.filectui/com
## SOUP KITCHENS – NEW HAVEN

<table>
<thead>
<tr>
<th>Soup Kitchen</th>
<th>Address</th>
<th>Phone</th>
<th>Schedule</th>
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<tbody>
<tr>
<td>Community Soup Kitchen</td>
<td>84 Broadway</td>
<td>203-624-4594</td>
<td>lunch: M, T, Th, F, 11:30am–1:30pm breakfast: Sat, 8:30am–9:30am</td>
</tr>
<tr>
<td>Downtown Evening Soup Kitchen</td>
<td>311 Temple St</td>
<td>203-624-6426</td>
<td>Mon-Thu, 5:30pm–7pm &amp; Sun, 4:30pm–6pm</td>
</tr>
<tr>
<td>United Church</td>
<td>323 Temple St</td>
<td></td>
<td>Sept-May only (closed during the summer) Fri, 6pm–7:30pm &amp; Sat, 5pm–6pm</td>
</tr>
<tr>
<td>Immanuel Missionary Baptist Church</td>
<td>1324 Chapel St</td>
<td>203-777-8744</td>
<td>Sun, 1:30pm–2:30pm</td>
</tr>
<tr>
<td>St. Ann’s</td>
<td>930 Dixwell Ave</td>
<td>203-562-5700</td>
<td>M-F, 11:30am–12:30pm</td>
</tr>
<tr>
<td>St. Luke’s Church</td>
<td>111 Whalley Ave</td>
<td>203-865-0141</td>
<td>lunch (women &amp; children only): Tue &amp; Thu, 12pm–1pm breakfast (everyone): Wed, 8:30am–9:30am *closed July &amp; Aug</td>
</tr>
<tr>
<td>St. Martin De Porres</td>
<td>136 Dixwell Ave</td>
<td>203-624-9944</td>
<td>Tue, 8:30am–9:30am *closed Aug, reopens Sept 11</td>
</tr>
<tr>
<td>St. Matthew’s Church</td>
<td>388 Dixwell Ave</td>
<td>203-777-0472</td>
<td>3rd, 4th, &amp; 5th Sat of month, 8am–9am</td>
</tr>
<tr>
<td>St. Paul’s Church</td>
<td>150 Dwight St</td>
<td>203-624-3937</td>
<td>Fri, 8am–9am</td>
</tr>
<tr>
<td>St. Thomas More Chapel</td>
<td>268 Park St</td>
<td>203-777-5537</td>
<td>Wed, 11:30am–12:45pm *1st Wed in Oct and ends last Wed in April</td>
</tr>
<tr>
<td>Sunrise Café</td>
<td>57 Olive St</td>
<td>203-495-7600</td>
<td>M-F, 7:30am–9:30am</td>
</tr>
<tr>
<td>Thomas Chapel Church of Christ</td>
<td>30 White St</td>
<td>203-865-6254</td>
<td>Wed, 11am–1pm</td>
</tr>
<tr>
<td>Varick AME Zion</td>
<td>242 Dixwell Ave</td>
<td>203-624-6245</td>
<td>Mon, 5:30pm–6:30pm *closed major holidays.</td>
</tr>
<tr>
<td>Yale Community Kitchen</td>
<td>323 Temple St</td>
<td>203-624-6426</td>
<td>Fri, 6pm–7pm &amp; Sat, 5pm–6pm (Oct–April) *closed May–Sept</td>
</tr>
</tbody>
</table>
**FOOD PANTRIES/MISC. FOOD RESOURCES**

**Ed Leduc Memorial Food Pantry**  
302 Chapel St  203-624-0947  
M, W, Th, 10am–12:30pm & 1:30–4:30pm  
F, 10–11:30am  
*For individuals with HIV. Walk-in with referral from A Place to Nourish Your Health, agency case manager, or setup appt before accessing pantry.

**Free Forever Prison Ministry**  
149 Rosette St  203-772-2555  
Call M–F, 9am–5pm for appt  
*Food pantry for individuals with HIV or recently incarcerated. Call for info.

**Integrated Refugee & Immigrant Service**  
235 Nicoll St  203-562-2095  
Wed, 8:30am–11am  
*Food Pantry for immigrants, refugees, asylees, asylum seekers, and CT residents.

**SENIOR MEALS**

**Atwater Senior Center**  
26 Atwater St  203-946-8558  
4th Fri of month, 11:30am–1pm  
*New Haven residents age 55+

**Casa Otonal**  
148 Sylvan Ave  203-773-9849  
M–F, 12pm  
*Age 60+

**Dixwell/Newhallville Senior Center**  
255 Goffe St  203-946-8541  
M–F, 11:30am  
*New Haven residents age 55+

**East Shore Senior Center**  
411 Townsend Ave  203-946-8544  
M–F, 11:30am  
*New Haven resident Age 55+,

**FISH of Greater New Haven**  
Grocery delivery to needy and homebound Greater New Haven residents.  
Call 203-503-0106 M–F, 9am–4pm to schedule assessment.  
Delivery Hours: M–F, 12pm–3pm  
*Age 60+; income at/below 130% FPL.

**Greek Olive Restaurant**  
402 Sargent Dr  203-495-9990  
Wed, 11am–1pm  
*Age 60+

**LifeBridge Community Services**  
203-752-9919: Senior meals via Meals on Wheels (delivered M–F) and at 16 different cafés throughout Greater New Haven.  
Meals served M–F 11:30am–12:30pm
Helpful Resources

**WIRELESS/INTERNET SERVICES**

**Cricket Wireless**
Reconnection fees waived. To qualify, call 1-800-CRICKET.

**Comcast Xfinity**
Will not disconnect/add late fees for customers who contact company and explain their situation. Customers will have unlimited data for 60 days. Xfinity Wi-Fi hotspots free for anyone.

**Comcast Internet Essentials**
Comcast is increasing access to and speed of its “Internet Essentials” low-Income Internet service. Eligible applicants can receive two free months’ service ($9.95/month). You can apply if:
- You are eligible for public assistance programs (e.g., Medicaid, SNAP, SSI, etc.)
- Live in a city or town served by Comcast
- Haven’t subscribed to Comcast Internet within the last 90 days
- Have no outstanding debt to Comcast less than one year old.
For more information, call 1-885-8-INTERNET (1-855-846-8376) or apply online at www.InternetEssentials.com

**AT&T**
Will not terminate service/charge late fees for wireless, home phone or broadband residential or small business customers for next 60 days. Public Wi-Fi hotspots open to any American. Consumer home internet wireline customers will receive unlimited internet data. Qualified “limited income households” will be able to pay $10/month for internet access.

**Verizon Wireless**
Will waive late fees for residential and small business customers affected by COVID-19.

**T-Mobile**
Customers can set up a payment arrangement online. Customers will receive unlimited cellphone data for the next 60 days, except for roaming. E.

**Sprint**
For next 60 days, waiving late fees; not stopping service for those unable to pay bills; offering free 20GB mobile hotspot of data and complimentary unlimited data for customers with metered plans by March 17.
Helpful Resources

**PUBLIC UTILITIES (VISIT WEBSITES FOR FULL DETAILS)**

**United Illuminating**
Implementing plans to maintain safe, reliable service. Digital tools: (1) Download mobile app at App Store and Google Play to view/pay bill and view outage info; (2) self-service: 800.722.5584, 24/7 to pay bill, check account balance, etc.; (3) Use website to pay bill, view outage info, start new service, enroll in eBill, etc.; (4) if concerned about paying bill, call 800.722.5584 M-F, 7am-7pm.

**Southern CT Gas Company**
Implementing plans to maintain safe, reliable service. Digital tools: (1) Download mobile app at App Store and Google Play to view and pay your bill. (2) Self-service: call 800.659.8299, 24/7 to pay bill, check account balance, etc.; (3) Use website to pay bill, start new service, enroll in eBill, etc. (4) If concerned about paying bill, call 800.659.8299 M-F, 8am-6:30pm.

**Eversource**
Suspending disconnections for nonpayment; assisting with financial programs e.g., payment plan). Customers can download mobile app to check account, pay bill, etc. Customer service: -800-286-2000. Note: Be aware of possible “scams” related to current health crisis. Beware of calls threatening to disconnect utility service, demanding payment via unusual means, requesting personal information, etc. Visit eversource.com for guidance and questions.

**Community Action Agency of New Haven**

(CAANH) Info/Services
Connecticut Energy Assistance Program (CEAP) CAANH accepting applications for heat assistance, for eligible households, until May 1, 2020. No walk-ins. Call 203.38.7700 X287 to complete energy application by mail or by phone.

**Operation Fuel**
Statewide program providing one-time emergency energy assistance to those households in crisis and ineligible for energy assistance program; offers seasonal assistance to oil heating clients.

**Case Management Services-Family Services Department**
Provides access to services/referrals to address barriers; e.g., homelessness, basic needs, housing, vocational, mental health/addiction treatment, employment and transportation assistance.

**Passport Transitional Services**
Case management services to the homeless people and families.
Helpful Resources

HEALTH RESOURCES

Yale New Haven Health (YNHH)
Call Center: Call 833.ASK.YNHH Health (833.275.9644) to ask questions about COVID-19. Staffed by YNHH professionals. Can provide those experiencing symptoms information about testing and care they need. #coronavirus

WALK-IN HEALTH SERVICES

Cornell Scott-Hill Health Center
400 Columbus Ave, New Haven
cornellscott.org 203.503.3000
M-T, 8:30am-8pm
F, 8:30am-5pm
Sat, 8:30am-noon
Sun, closed

Concentra Urgent Care
370 James St, New Haven
Concentra.com 203.503.0482
M-F, 8 am to 5 pm
closed Sat and Sun

New Haven Medical Center
77 Grand Ave, New Haven
203.562.8697
M-F, 9am-12pm & 2pm to 5:30 pm
Sat 9am-noon

Medical Walk-In Clinic-Westville
1351 Whalley Ave, New Haven
475.238.8178
M-W, F, 8:30am-5pm
Th, 12pm-7pm
Sat 8am-1pm
closed Sun

WALK-IN MENTAL HEALTH SERVICES

Connecticut Mental Health Center
34 Park St (1st Floor), New Haven
203.974.7713
Sat & Sun, 9am-5pm