

Alicia Feller

Southwest Connecticut Mental Health System
CEO

Alicia Feller, Licensed Clinical Social Worker specializes in holistic stress management which compliments her years of experience as a clinical social worker in the behavioral health field. Alicia has held a variety of administrative roles throughout her career in behavioral health, most recently as the Chief Executive Officer of the Southwest Connecticut Mental Health System. She enjoys working with people in both her clinical and administrative roles, to help them develop a mastery over their well-being utilizing empathy, empowerment and mind-body-spirit connection as cornerstones of her approach. She holds a Masters Degree in Integrated Health and Healing and is a certified Holistic Stress Management Instructor. Alicia lives her practice and relishes the time she spends with family and friends. She believes that one grows the most when they step outside of their comfort zone.